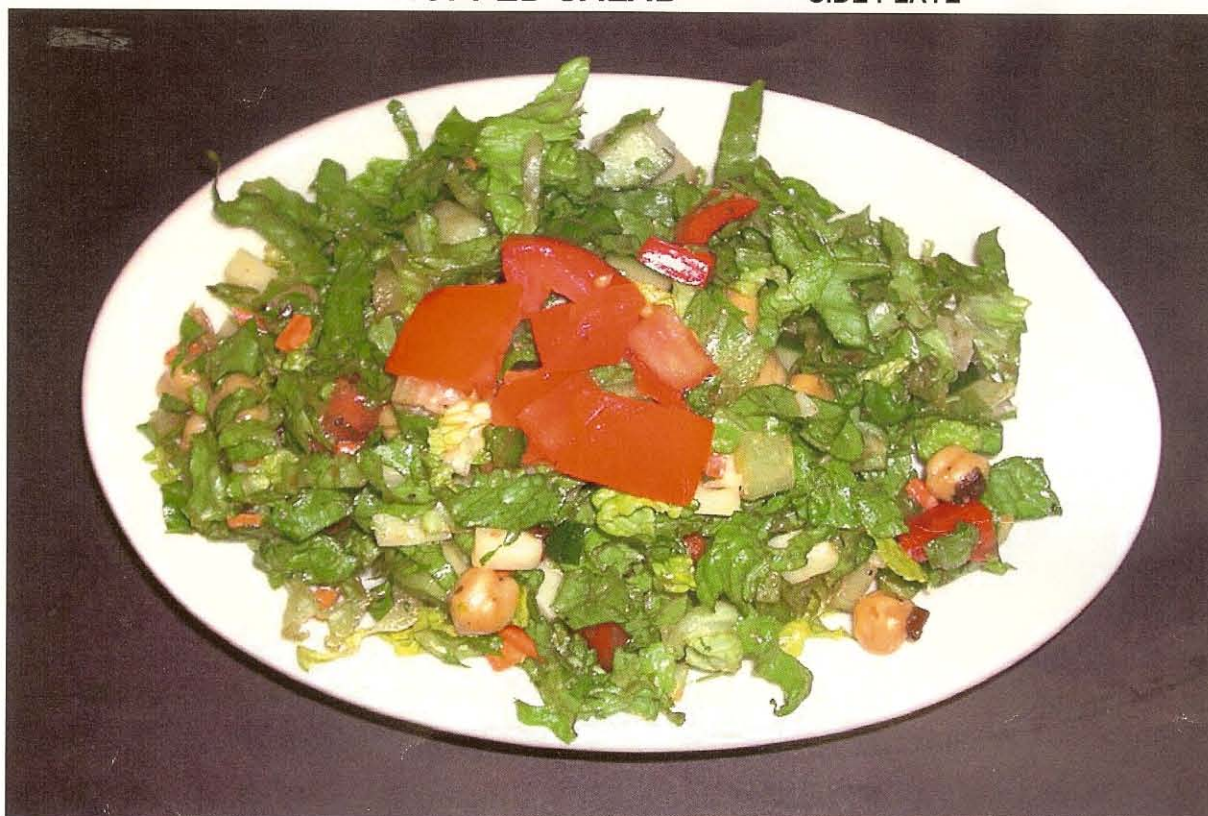


HALF CHOPPED SALAD

SIDE PLATE



Number	Units	Ingredients	Volume	Weight
2	OZ	ROMAINE LETTUCE (CHOPPED)	2	OZ
1	OZ	BALSAMIC VINAIGRETTE	1	OZ
1/2	OZ	RED PEPPERS (SMALL DICED)	0.5	OZ
1/2	OZ	YELLOW PEPPERS (SMALL DICED)	0.5	OZ
1	OZ	CUCUMBERS (SMALL DICED)	1	OZ
1/2	OZ	GARBANZO BEANS	0.5	OZ
1/2	OZ	PROVOLONE CHEESE (SMALL DICED)	0.5	OZ
1/2	OZ	PLUM TOMATOES (SMALL DICED)	0.5	OZ
1	PINCH	KOSHER SALT	0.02	OZ
1	PINCH	GROUND BLACK PEPPER	0.02	OZ

Procedure : PLUM TOMATOES & CUCUMBERS MUST BE DESEEDED & SKIN ON..
DICED TOMATOES ON TOP FOR GARNISH....